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GLOWING DOWN *THE AISLE*

BLUSHAE'S ULTIMATE GUIDE TO BRIDAL SPRAY TANNING





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INTRODUCTION

Welcome to Blushaé's comprehensive guide to preparing for your bridal spray tan! We understand that your wedding day is one of the most important days of your life, and we're here to ensure you look and feel your absolute best. A bridal spray tan can add that touch of sun-kissed radiance to your bridal look, enhancing your natural beauty and giving you the confidence to shine on your special day.

In this ebook, we'll take you through the entire process of preparing for and receiving a bridal spray tan at Blushaé. We'll cover everything from the essential pre-tan preparations to what to expect during your appointment and how to care for your tan afterward. We've included tips and tricks to address common concerns and ensure that you're picture-perfect for your wedding.

So, let's dive in and get you ready for the bridal glow of your dreams!





PREPARING FOR YOUR *BRIDAL* SPRAY TAN

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Setting a Date and Time

Choosing the right date and time for your bridal spray tan is crucial. Ideally, schedule your appointment 2 days before your wedding. This timing allows the tan to fully develop and settle, giving you that natural, sun-kissed look on your big day.

Skin Preparation

Before your spray tan, ensure your skin is in the best possible condition. Follow these steps:

- **Exfoliation:** Gently exfoliate your entire body to remove dead skin cells. Pay attention to rough areas like elbows, knees, and ankles.
 - **Shaving or Waxing:** Complete any hair removal at least 24 hours before your appointment to avoid skin sensitivity or open pores.
 - **Avoiding Makeup and Lotions:** Come to your appointment with clean, makeup-free skin. Avoid using lotions, oils, or perfumes on the day of your spray tan.
 - **Choosing the Right Attire:** Wear loose, dark-coloured clothing to your appointment to prevent staining. Opt for old underwear or our disposable undergarments if you prefer not to tan in the nude.
 - **Hydration and Nutrition:** Stay well-hydrated before your appointment. Hydrated skin tans more evenly.
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CHAPTER 2

WHAT TO EXPECT DURING YOUR SPRAY TAN APPOINTMENT



Arrival and Check-In

Arrive at Blushae a few minutes before your scheduled appointment. Our friendly artists will welcome you and guide you through the process. You'll have the opportunity to discuss your tan goals and preferences with your artist.

Consultation with Your Artist

Your artist will assess your skin type, discuss the shade you want to achieve, and recommend the most suitable tanning solution. Feel free to ask any questions or express any concerns you may have.

The Tanning Process

The actual spray tan process is quick and straightforward:

- **Spray Tan Application:** Your artist will guide you into the tanning room. You'll be given instructions on how to stand and move during the application. The tanning solution is applied evenly to your skin.
- **Drying Time:** After the tan is applied, you'll spend a few minutes in the booth to allow the solution to dry.

Addressing Concerns

If you have any concerns during the process, such as feeling uncomfortable in any way, don't hesitate to communicate with your artist. Your comfort is our priority, and adjustments can be made as needed.

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CHAPTER 3

Aftercare for Your Bridal Spray Tan

Post-Tan Instructions

Once your spray tan is complete, your artist will provide you with specific post-tan instructions. Here are some general guidelines:

- **Avoiding Water Contact:** Stay dry after your spray tan. This means no showering, swimming, or heavy sweating during this time.
- **Loose-Fitting Clothing:** Continue wearing loose, dark-coloured clothing to prevent the tan from rubbing off.
- **Moisturising:** Hydrate your skin daily with a gentle, hydrating lotion. Avoid products with harsh chemicals or exfoliants, as they can fade your tan prematurely.

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Maintaining Your Tan

Maintaining your bridal spray tan is essential for a flawless look on your wedding day:

- **Showering:** When you do shower after the initial waiting period, use lukewarm water and a mild, body wash. Pat your skin dry instead of rubbing.
- **Makeup and Perfume:** Be mindful when applying makeup or perfume. Use a gentle touch to avoid scrubbing or rubbing your skin.
- **Swimming and Sweating:** Try to minimise activities that cause heavy sweating or submersion in water, as these can fade your tan more quickly.
- **Extending the Lifespan of Your Tan:** To prolong your tan, continue to moisturise daily, and consider using a tan-extending product.



4: TROUBLESHOOTING AND FAQs

Common Questions and Concerns

It's natural to have questions and concerns about your bridal spray tan. We address some of the most common ones in this chapter, including:

- How long will my tan last?
- What if I have sensitive skin or allergies?
- What should I do if I notice uneven fading?



What to Do If You're Not Satisfied

Our goal is to ensure you love your bridal tan. If you're not satisfied with the results, contact Blushaé as soon as possible. We offer touch-up appointments and will work with you to address any issues.

Emergency Tips

In case of any unexpected issues, such as streaks or uneven colour, we provide quick-fix solutions to help you look your best on your wedding day.



1. How long will my tan last?

Spray tan longevity varies depending on factors like skin type, aftercare, and the tanning solution used. Typically, you can expect your bridal spray tan to last 5-10 days. Proper aftercare can extend its lifespan.

2. What if I have sensitive skin or allergies?

If you have sensitive skin or allergies, it's essential to communicate this to your artist when completing your online consultation.

3. What should I do if I notice uneven fading?

Uneven fading can happen due to various factors, including skin dryness, friction, or sweating. If you notice uneven fading, you can try applying a gradual tanning lotion to the lighter areas to even out your tan. If the issue persists or worsens, contact Blushaé for guidance.

4. What if my tan is too dark or too light?

If your tan is too dark and you'd like it to be lighter, you can try gently exfoliating your skin to lighten the tan. If your tan is too light and you want it darker, consult with your artist about the possibility of a touch-up appointment or using a gradual tanning product at home. Trial tans are advised to avoid this.





CHAPTER 5

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Hair and Nails

Coordinate your spray tan appointment with your hair and nail appointments. Schedule these services before your spray tan to avoid any potential damage to your tan.

The Big Reveal

Have a bridesmaid or friend help you dress to minimise contact with your skin.

Capturing the Moment

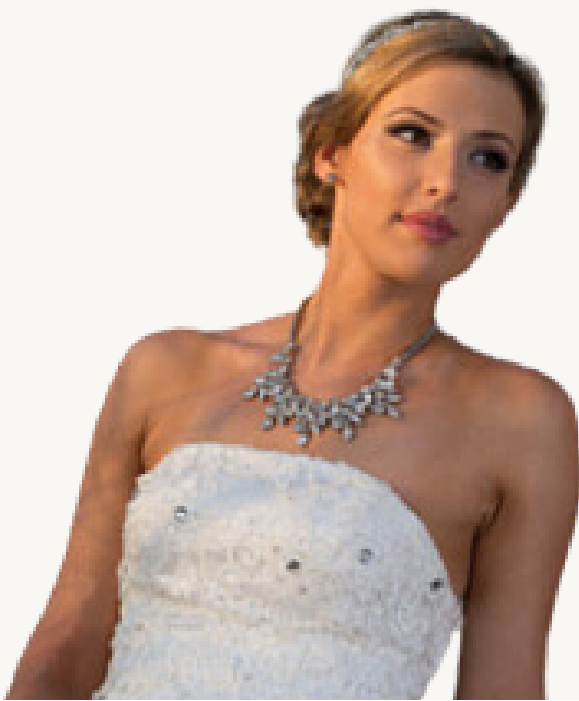
Work with your photographer to capture your tan's beauty in your wedding photos. Proper lighting and angles can highlight your bridal glow.

FINAL BRIDAL GLOW TIPS



We hope this ebook has armed you with the knowledge and confidence you need to achieve the bridal glow of your dreams. At Blushaé, we're here to support you every step of the way on your journey to radiant beauty.

Remember, your wedding day is all about you, and you deserve to feel stunning from head to toe. Embrace your spray tan, cherish the moments, and shine with the confidence of a Blushaé bride.



If you have any additional questions or need further assistance, please don't hesitate to reach out to our dedicated team. We can't wait to be a part of your special day and help you look and feel your absolute best!



THANK YOU

Thank you for considering Blushae as your trusted partner for your bridal beauty journey. We look forward to being a part of your special day and helping you create lasting memories.

The Blushae Team

QUESTIONS OR READY TO BOOK?

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